



St Bartholomew's C of E Primary School
Willowcroft, off Warwick Avenue, Quorn, Loughborough, LE12 8HQ.
Telephone: (01509) 412250

Dear Parents/ Carers,

This year, pupils in Years 3 and 4 will take part in forest school sessions (please see the timetable below). When taking part in forest school, your child will need to arrive at school dressed in his/her PE kit and waterproof coat. Old trainers are recommended, however your child may bring wellies to change into if the weather is inclement. Please note, wellies must be brought in a bag, and not worn inside school. If the weather forecast looks inclement, please provide your child with a bag containing their school uniform to change into, in case they get wet/ muddy.

Long sleeves and long-legged trousers are advised as they provide more protection. Sun cream and sun hats are also advised if the weather is sunny. As we have some wonderful wooded areas at St Bartholomew's, forest school will take place on the school site. Sessions will be led by a qualified Forest School Leader (Mr Evans-Bolger). We hope you find the following information useful.

What is Forest Schools?

The philosophy of forest School is to encourage and inspire individuals through positive experiences and participation in achievable tasks and activities in a woodland environment. These experiences should help children to further develop their Personal, Social and Emotional skills such as:

- Independence
- Self-discovery (self-awareness and self-regulation)
- Confidence
- An appreciation of nature and experiencing the different seasons.
- Communication skills
- Empathy
- A positive mental attitude and increased self-esteem.

What activities does it involve?

Forest school can incorporate activities such as: den building, team games, crafts, fire making, tree climbing, tying knots, cooking, learning about the environment and much more! Please visit the Forest School Association website if you would like to find out more <https://www.forestschoollassociation.org/>











If you have any other questions regarding the above sessions, you may contact either your child's class teacher or myself on devans-bolger@st-bartholomews.leics.sch.uk.

Yours sincerely,

Mr Evans-Bolger and the Year 3 and 4 Teachers



Forest School Timetable

Mr Evans-Bolger's class Monday 6 th September 2021 Monday 13 th September 2021 Monday 20 th September 2021	Mr Evans-Bolger's Class Monday 17 th January 2022 
Miss Gray's Class Monday 27 th September 2021 Monday 4 th October 2021 Monday 11 th October 2021	Miss Gray's class Monday 24 th January 2022 
	Mrs McLugash Monday 31 st January 2022 
Mrs McLugash's class Monday 25 th October 2021 Monday 1 st November 2021 Monday 8 th November 2021	Miss Taylor's class Monday 7 th February 2022 
	Mrs Bood/Mrs Moxon's class Monday 21 st February 
	Mr Evans-Bolger's class Monday 28 th February 
Miss Taylor's class Monday 15 th November 2021 Monday 22 nd November 2021 Monday 29 th November 2021	Miss Gray's Class Monday 7 th March 
	Mrs McLugash's class Monday 14 th March 2022 
	Miss Taylor's class Monday 21 st March 2022 
	Mrs Bood/ Mrs Moxon's class Monday 28 th March 2022
	Mr Evans-Bolger's class Monday 4 th April 2022 Monday 25 th April 2022
Mrs Bood and Mrs Moxon's class Monday 6 th December 2021 Monday 13 th December 2021 Monday 10 th January 2022 	Miss Gray's class Monday 9 th May 2022 Monday 16 th May 2022
	Mrs McLugash Monday 23 rd May 2022 Monday 6 th June 2022
	Miss Taylor's class Monday 13 th June 2022 Monday 20 th June 2022
	Mrs Bood/ Mrs Moxon Monday 27 th June 2022 Monday 4 th July 2022

