

Dear Parents/ Carers,

This year, Mr Evans-Bolger is running a Forest School Club for pupils in Year 6. The club will take place after school on Mondays. The timings will be 3:10-4:10pm. The club will run until Christmas. If your child is interested in taking part then please return the attached permission slip by E-mail to Mr Evans-Bolger devans-bolger@st-bartholomews.leics.sch.uk If the Club is oversubscribed there will be further clubs added later in the school year.

When taking part in Forest School, your child will need to wear a school PE kit. A waterproof coat is also required. If your child does not have PE on Monday, then please provide your child with this, so he/she can get changed after school. Old trainers are recommended, however your child may bring wellies if the weather is inclement. Please note, wellies must be brought in a bag, and not worn inside school. Long sleeves and long-legged trousers are advised as they provide more protection. Sun cream and sun hats are also advised if the weather is sunny. As we have some wonderful wooded areas at St Bartholomew's, Forest School will take place on the school site. Sessions will be led by a qualified Forest School Leader (Mr Evans-Bolger). We hope you find the following information useful.

What is Forest School?

The philosophy of Forest School is to encourage and inspire individuals through positive experiences and participation in achievable tasks and activities in a woodland environment. These experiences should help children to further develop their Personal, Social and Emotional skills such as:

- Independence
- Self-discovery (self-awareness and self-regulation)
- Confidence
- An appreciation of nature and experiencing the different seasons.
- Communication skills
- Empathy
- A positive mental attitude and increased self-esteem.

What activities does it involve?

Forest School can incorporate activities such as: den building, team games, crafts, fire making, tree climbing, tying knots, cooking, learning about the environment and much more! Please visit the Forest School Association website if you would like to find out more <https://www.forestschoollassociation.org/>

If you have any other questions regarding the above sessions, you may contact either your child's class teacher or myself on devans-bolger@st-bartholomews.leics.sch.uk

Yours sincerely,

Mr Evans-Bolger and the Year 6 Teachers