

St Bartholomew's C of E Primary School



Willowcroft, Quorn, Loughborough, LE12 8HQ.

Telephone: (01509) 412250.

Email: office@st-bartholomews.leics.sch.uk

Dear Parents/ carers,

For the past few years, we have been teaching PSHE lessons using a published PSHE scheme across the school called 'Jigsaw'. Across the year, these are organised into 6 units. In the second summer term, each year group will follow a unit called 'Changing Me'. This will cover aspects of human biology, puberty and reproduction at a level considered appropriate for the year group. These areas form the statutory Relationships and Health Education syllabus which must be taught in primary schools.

Please note: only Year 6 children are taught about human reproduction as defined as Sex Education. Parents of Year 6 children can withdraw their child from these specific lessons (refer to the RSHE policy).

The above is in line with government guidelines, whereby all schools are required to have a broad and balanced curriculum which prepares pupils at the school for the opportunities, responsibilities, and experiences of adult life.

Foundation Stage	Children will learn about how to respect their bodies. They will learn about growing up and physical growth and change.
Year 1 and 2	Children will be able to recognise the physical differences between male and female bodies. This includes using correct terminology and names for body parts and appreciate that some parts of the body are private.
Year 3 and 4	Children will learn about puberty, menstruation and accepting change. In simple terms, children will be able to identify reproductive human body parts. Children will understand that having a baby is a personal choice.
Year 5 and 6	Children will be able to identify how boys' and girls' bodies change during puberty and express how they feel about the changes.
*Year 6	Understanding the place of sexual intercourse in a relationship and how it can lead to conception. Children will be able to describe how a baby develops from conception through to birth. Children will be able to recognise how they feel when they reflect on the development and birth of a baby.

Some of the lessons will be taught in single sex groups so that children will feel more comfortable to ask questions.

Please speak to your child's class teacher if you wish to discuss the planned work, view the planning and resources, or have any questions relating to the lessons as outlined above.

Yours Sincerely,

Miss Courtney Cronin

Class Teacher and PSHE Curriculum Co-ordinator

