

St Bartholomew's C of E Primary School



Willowcroft, Quorn, Loughborough, LE12 8HQ.

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Dear Parents/ Carers,

This year, pupils in Years 3 and 4 will take part in forest school sessions (please see the timetable below). When taking part in forest school, your child will need to arrive at school in school uniform. Your child may bring wellies to change into if the weather is inclement. Please note, wellies must be brought in a bag, and not worn inside school. If the weather forecast looks inclement, please provide your child with a waterproof coat. In colder months, hats and gloves are recommended.

Long sleeves and long-legged trousers are advised as they provide more protection. Sun cream and sun hats are also advised if the weather is sunny. As we have some wonderful wooded areas at St Bartholomew's, forest school will take place on the school site. Sessions will be led by a qualified Forest School Leader (Mr Evans-Bolger). We hope you find the following information useful.

What is Forest School?

The philosophy of Forest School is to encourage and inspire individuals through positive experiences and participation in achievable tasks and activities in a woodland environment. These experiences should help children to further develop their Personal, Social and Emotional skills such as:

- Independence
- Self-discovery (self-awareness and self-regulation)
- Confidence
- An appreciation of nature and experiencing the different seasons.
- Communication skills
- Empathy
- A positive mental attitude and increased self-esteem.

What activities does it involve?

Forest school can incorporate activities such as: den building, team games, crafts, fire making, tree climbing, tying knots, cooking, learning about the environment and much more! Please visit the Forest School Association website if you would like to find out more <https://www.forestschoollassociation.org/>

If you have any other questions regarding the above sessions, you may contact either your child's class teacher or myself on devans-bolger@st-bartholomews.leics.sch.uk.

Yours sincerely,

Mr Evans-Bolger and the Year 3 and 4 Teachers



Forest School Timetable

Mr Evans-Bolger's class

Wednesday 6th September 2023

Wednesday 13th September 2023

Wednesday 20th September 2023

Wednesday 10th January 2024

Wednesday 14th February 2024

Wednesday 10th April 2024

Wednesday 17th April 2024

Mrs French/ Mrs Campbell's Class

Wednesday 27th September 2023

Wednesday 4th October 2023

Wednesday 11th October 2023

Wednesday 17th January 2024

Wednesday 28th February 2024

Wednesday 24th April 2024

Wednesday 1st May 2024

Mrs Rowntree's Class

Wednesday 25th October 2023

Wednesday 1st November 2023

Wednesday 8th November 2023

Wednesday 24th January 2024

Wednesday 6th March 2024

Wednesday 22nd May 2024

Wednesday 26th June 2024

Mr Applewhite's class

Wednesday 15th November 2023

Wednesday 22nd November 2023

Wednesday 29th November 2023

Wednesday 31st January 2024

Wednesday 13th March 2024

Wednesday 5th June 2024

Wednesday 3rd July 2024

Mrs Moxon/ Miss Taylor's class

Wednesday 6th December 2023

Wednesday 13th December 2023

Wednesday 20th December 2023

Wednesday 7th February 2024

Wednesday 20th March 2024

Wednesday 12th June 2024

Wednesday 19th June 2024



