



# We are proud to be Healthy Schools accredited!

St Bartholomew's C of E Primary School is delighted to announce that we have achieved Healthy Schools status!

The accreditation comes from Leicestershire Healthy Schools programme, run by Leicestershire County Council. The programme supports schools to improve and maintain the health and wellbeing of their school and wider communities by promoting good physical, social, emotional, and mental health.

With a 'whole school approach' at its heart, Healthy Schools is designed to help schools support pupils to do their best and build on their potential. It equips pupils, staff, and families with the skills they need to make informed decisions about their health, in turn, changing attitudes towards lifestyle choices.

The whole school community – from the parents and carers to the pupils, governors to staff – all play a pivotal part in improving the school's health and wellbeing for the benefit of everyone.

To become accredited, schools must evidence and show an ongoing commitment to positive action across several health themes. These include:

- Drug, Alcohol and Tobacco Education (DATE)
- Emotional Health & Wellbeing
- Food in Schools
- PSHE & R(S)E
- Physical activity
- Staff Wellbeing & CPD

Within each of these health themes, schools must provide evidence to meet criteria across these areas:

- Policy Development
- The Curriculum and Pupil Learning
- School Culture
- Pupil Voice
- Support Service Provision
- Parents, Carers & Community Partnerships
- Pupil Achievement

As a result, **St Bartholomew's C of E Primary School** has completed all the required elements of the programme and has been awarded Healthy Schools Status which lasts for two years.

Many thanks for your support.

**Mrs Oakland**

**Assistant Headteacher**

