



St Bartholomew's Primary School

Newsletter No 2

Spring 2024



Dear families,

Time for a well-earned rest!... I'm sure, like us, this has felt a long, muddy half-term - not aided by the need for our wet-weather plans most days recently. Anyway, lots of 'good stuff' still to share :-)



FRUITY FRIDAYS... we need your support to help ensure snack-time each week has a 'fruity' focus. Thank you!



Easter Service Please come and join us on Thursday 21st March (morning) for our Easter Service at St Bartholomew's church - it would be great to see you there... or grandparents if you are unable to come. We will be supporting 'Inter-care' this year - a charity .

Children's Mental Health Week, 5th-11th February CMHW was launched to give voice to all children and young people in the UK. The theme for 2024 was **My Voice Matters** and through assemblies and class activities, we sought to strengthen this message in school.

Winter Walk, Over the last couple of weeks, the children from Year 3 & 4 have all been on a winter walk to see the vegetation and animals in the countryside. They had great fun trudging through the thick mud!



We will repeat the trip in the summer to see how the environment changes in different seasons and how this effects the number of animals we find.

Thank you to all the parent helpers for these trips - without you they would not be able to take place.

"We must go and take the adventure that comes to us" (C. S. Lewis, The Lion, the Witch and the Wardrobe)

Earlier this week, you may have noticed our Year 5 and 6 pupils taking a step back in time... and with the help of Great Central Railway later that morning, they re-enacted the experience of children in WW2 as they evacuated to very different lives in the country.



SCHOOL DISCO...!



Thursday 14th March

COMING SOON Whilst only 4 weeks, our next half term is packed with experiences... including: *Dinosaur Discoveries (in Foundation Stage); World Book Day (whole school), Science Day (whole school), Dance workshops (Year 3 & 4) and the first of the Year 6 residential trips to Duke's Barn.*

Red Kites	Green Owls	Blue Falcons	Golden Eagles
1131	1229	1305	1113

Give your best
15.02.24

THINKING SPACE



"She remembered, as every sensible person does, that you should never shut yourself up in a wardrobe."

C. S. Lewis

(The Lion, the Witch and the Wardrobe)

Diary Dates

Half term

**Monday 19th February to
Friday 23rd February**

Science Day

Wednesday 6th March

World Book Day

Thursday 7th March



History Lesson—Quorn in WW2

Sue Templeman, local historian, visited Year 5 & Year 6, to talk to the children about Quorn in WW2, her knowledge of St Bart's in the 40s was fabulous for the children.

Please click on the link below for more information on the Quorn online museum.

[Quorn Village On-line Museum, Leicestershire, UK \(quormmuseum.com\)](http://quormmuseum.com)



Perfect Pets 2023—Young Writers

After entering a competition through our after school club 'Superstars' Joshua was chosen to be the BEST artist winner in 'Perfect Pets' book series.

Congratulations to Joshua whose perfect pet 'Dave Monster' is now on the front of the book amazing!!



Ratcliffe Cross Country—27th January 2024

Well done to the 44 children who took part in the cross country race at Ratcliffe College on 27th January. The running conditions were ideal at the event and it was lovely to see some of our younger KS1 runners taking part in their first race.

For the KS2 races, medals were awarded to those children who finished in the top ten. Fifteen of our children achieved this.

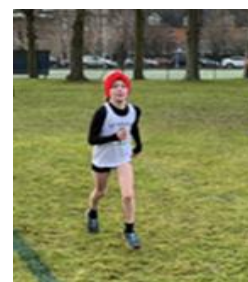
The children were a credit to the school, giving their best and supporting each other.

See below the names of those children who took part:

Fun Run:

James - Year 1
Henry - Year 2
Eli Y2
William – Y2
Elise – Y2
Margot - Y1
Theo Gray – Y1

Year 3	Year 4	Year 5	Year 6
Eddie 10 th Reuben 1 st Oska 6 th Theodore 21 st Anthony 37 th Blake 43 rd	Felix 34 th Josh 22 nd Theo 52 nd Jack 39 th Eddie 56 th Alfie 36 th Milo 15 th	Sam 7 th Henry 3 rd Ellis 9 th Leo 32 nd	Quindlen 13 th Thomas 8 th Michael 18 th
Lauren 16 th Betrys 21 st Mollie 18 th Beatrice 4 th Elodie 7 th	Isla 45 th Flo 26 th Heidi 16 th Harriet 5 th Annabella 3 rd Thea 32 nd Belle 4 th Sofia 18 th	Alexandra DNF Bella 7 th	Gabriella 10 th Zlata 7 th



Our Year 3 boys, Year 4 girls and Year 5 boys were first in their overall team competitions.

Mr Faulkenbridge from Ratcliffe College came to present the awards to the successful teams. The photos show the teams who won their events - Year 3 boys, Year 5 boys and Year 4 girls.

We are looking forward to the next event on February 6th which is a qualifying event for the county championships.



Charnwood College Cross Country

Tuesday 6th February

On Tuesday 6th February, we took 41 KS2 children to the cross country qualifying event at Charnwood College. The children had a great morning and enjoyed supporting one another in the races. The top 12 place runners in each race qualified to compete for North Charnwood at the Primary Cross Country County Championships at Prestwold Hall. There were lots of very hard fought races in which the children showed great effort and determination right to the end. Altogether, 23 of our children qualified for this event and we were particularly pleased that at least one child qualified from each race.

See below the for list of our competitors.

<u>Year 3</u>		<u>Year 4</u>		<u>Year 5</u>		<u>Year 6</u>	
Eddie	8 th	Milo	6 th	Henry	2 nd	Michael	13 th
Anthony	42 nd	Jack	47 th	Sam	6 th	Josh	26 th
Oska	6 th	Caelan	2 nd	Ellis	3 rd	Thomas	3 rd
Reuben	1 st	Ellis	20 th			Quindlen	6 th
Leon	37 th	Alfie	52 nd			Ethan	4 th
		Eddie	72 nd			Oliver	7 th
		Freddie	4 th				
		Josh	14 th				
		Felix	30 th				
Orla	10 th	Harriet	6 th	Isabella	3 rd	Zlata	5 th
Beatrice	2 nd	Flo	15 th	Alexandra	12 th	Gabriella	8 th
Molly	21 st	Heidi	21 st	Leah	19 th		
Lauren	12 th	Belle	5 th				
Elodie	9 th	Isla	36 th				
Betrys	20 th	Annabella	4 th				
		Thea	30 th				

Our qualifiers are looking forward to the county championships on Sunday 3rd March 2024.

Another race that all our children might be interested in is the Ivanhoe Challenge. This event takes place on Saturday 9th March and there are races for children from EYFS to Year 6:

[Ivanhoe Challenge - Home \(weebly.com\)](http://www.ivanhoechallenge.co.uk)

This event is well organised and can be entered online for a cost of £8.

Mrs Campbell and Mr Codd



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INTER CARE
CHARITY GOLF DAY
2024

Thursday 16th May 2024
Forest Hill Golf Club, LE9 9FH

£270 per team of 4 players

**Support/Advertise on a tee for
£100 (suggested donation)**



Includes:
18 holes & Green fees
Bacon rolls + Tea/coffee
Halfway bar refreshments
Two course meal
Prize presentation

For a registration form email:
fundraising@intercare.org.uk

By participating, you are helping vulnerable patients across Africa gain free access to vital medical aid

WWW.INTERCARE.ORG.UK/EVENTS/GOLF2024

Call 0116 269 5925. Charity Number 275637

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18

CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people; compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



NOS
National
Online
Safety
#WakeUpWednesday

St Bartholomew's
United Church

Family Service

SUNDAY 25th

FEBRUARY

10.30am in Church

"God is for Everyone"

Hear the story of Jonah!

All welcome!

Service
followed by
tea, coffee
etc

